

# Bearing Each Other's Burdens

Psalm 55:22  
Galatians 6:1-3  
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I. Bear \_\_\_\_\_ burdens and so fulfill the \_\_\_\_\_.

A. Helping others enables us to live in the \_\_\_\_\_.

B. Helping others also \_\_\_\_\_ your own \_\_\_\_\_.

C. Helping others allows us to \_\_\_\_\_ \_\_\_\_\_.

II. We are to bear our \_\_\_\_\_.

A. There are burdens in life that \_\_\_\_\_ can bear \_\_\_\_\_.

1. Burden of \_\_\_\_\_.

2. Burden of \_\_\_\_\_.

3. Burden of \_\_\_\_\_.

B. How do we \_\_\_\_\_ to these burdens?

C. You may not be able to control your \_\_\_\_\_, but you can control your \_\_\_\_\_.

III. Ultimately, we are reminded by the Psalmist to cast our \_\_\_\_\_ upon the \_\_\_\_\_.